



HOLIDAY ACTIVITY AND FOOD PROGRAMME (HAF)
FREE FOR CHILDREN ON BENEFITS RELATED FREE SCHOOL MEALS

HOLIDAY ACTIVITIES

FOR PRIMARY SCHOOL PUPILS AGED 5-11

at Mid Suffolk Leisure Centre - Stowmarket
Sessions running 28th October - 1st November

Please see EEUQ for specific dates and times.

ACTIVITIES INCLUDE:

- Roller skating • Gymnastics
- Battle Zone - using fun foam blasters in an obstacle course, compete in two teams against each other!

Parents must attend the session if the attending child is under 8. **FREE*** healthy child's lunch available in the café from 10am.

Choose your sandwich filling from ham, cheese or tuna mayo.



*Free meals are cold food only.

Spaces are limited so book early! To book a session please scan the QR code or visit <https://eequ.org/midsuffolkleisurecentreeveryoneactive>